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You have been scheduled for an excision. There are several things you need to do to prepare:

- ❑ You must avoid aspirin containing products two weeks prior to surgery. Avoid ibuprofen and naproxen (Motrin and Aleve) one week prior to surgery. Tylenol is okay. Avoid alcohol for 24 hours prior to the surgery.

- ❑ On the morning of the surgery:

Eat normal meals

Wear comfortable loose fitting clothing but nothing that you pull over your head, as this may interfere with your post-operative dressing. Please do not wear nice clothing as staining can rarely occur.

Wash with soap and shampoo your hair, as your wound and initial dressing have to remain dry for 24 hours after surgery.

Please arrive 15 minutes prior to your surgery time.

- ❑ The physician or P.A. will obtain your written permission to perform the surgery. This also is an opportunity for last minute questions.
- ❑ Once the surgery is completed, wound care instructions will be reviewed with you. You will be leaving with stitches and a bandage. This bandage must remain for 24 hours. There may be some bruising or swelling around the stitches which may last up to a week or more.
- ❑ You need to return to have your stitches removed in 1-2 weeks. The time will be determined by the physician or P.A..
- ❑ If you need to cancel your appointment. Please let us know as soon as possible so that we may accommodate another patient. Thank you.

If you have any questions, please call the office or my nurse JoAnn at 978 256-4151